MULTI-DAY CYCLING TRIP IN FIJI

DAY-BY-DAY ITINERARY

Day 1

ARRIVAL & WELCOME

You'll be picked up in the afternoon and transferred to your accommodation: a well-appointed private home with pool in a quiet residential neighbourhood of Nadi. Settle in and enjoy a cold drink poolside. While the chef prepares dinner, meet the team and discuss the days ahead.

Day 2

FIRST RIDE & SUNSET CRUISE

Start your morning with the first e-bike ride through the scenic foothills of Nadi. Refuel over an early lunch at Bulaccino Organic Farm. Relax poolside or visit Garden of Sleeping Giant (extra*). In the late afternoon, head out on a sunset boat cruise across Nadi Bay, before returning for dinner at the house.

Cycle Distance: 18km | Elevation: 201m

Day 3

FLIGHT TO LABASA

Take a short flight to Labasa with Fiji Link, where our team greets you on arrival. Check into a comfortable hotel and enjoy a hearty Fijian lunch. Spend the afternoon exploring Labasa and surroundings. Gather in the evening for dinner (extra*) and prepare for tomorrow's first big cycling adventure.

Day 4

SCENIC RIDE TO SAVUSAVU

After an early breakfast, transfer to the day's starting point for a 50+ km cycling adventure through lush countryside. Pause for refreshments along the way before finishing at the Urata Lookout Café for sweets and coffee (extra*). Optionally continue cycling into Savusavu or ride in the support van. Overnight at a lodge with sea views, and dinner on the deck.

Cycle Distance: 54km | Elevation 937m

Day 5

SAVUSAVU EXPLORATION

Discover Fiji's "Hidden Paradise" with a morning bike ride exploration ending with light lunch and snorkel. Return for an afternoon of leisure, whether wandering through Savusavu town or relaxing at the pool. The evening is free for you to dine and experience Savusavu's local flavours at your own pace (extra*).

Cycle Distance: 37km | Elevation 575m

Day 6

CACAO FARM & VILLAGE STAY

A short drive brings you to Kokomana, a boutique cacao farm, for an insightful tour. Stop in town for lunch (extra*) before continuing by bike on a 18 km ride to Vuadomo village. Be welcomed by local hosts, take part in a kava ceremony, visit the stunning waterfall, and share a traditional Fijian dinner before an overnight village homestay.

Cycle Distance: 18km | Elevation: 332m

Day 7

RIDE TO THE ISLAND RESORT

Wake to village life and enjoy a traditional breakfast. Transfer to the starting point for a 25 km gravel-road cycle through untouched countryside, ending at the jetty. A short boat ride takes you to a private eco-conscious island resort. Settle into beachfront bungalow accommodation, with all meals, kayaking, and paddleboarding included in your tropical island stay.

Cycle Distance: 27km | Elevation: 153m

Day 8	**ISLAND PARADISE DAY** Spend the day immersed in island bliss. Depending on the tides, enjoy a group snorkelling trip on pristine reefs or a sandbank picnic. Relax, swim, or kayak at leisure. In the evening, celebrate your final night together with a memorable dinner under the stars at the resort, surrounded by Fiji's natural beauty.
Day 9	**RETURN TO NADI & FAREWELL** Rise to your last island sunrise and enjoy breakfast by the sea before checking out. Travel back to the airport for your return flight to Nadi, arriving in the afternoon. Our team will meet you upon arrival for heartfelt goodbyes, marking the close of an incredible journey with Land And Sea Fiji.

** At own expense*

ACCOMMODATION OVERVIEW

During this itinerary we've included a wide variety of stays to give you a true sense of what Fiji has to offer. Each stop is designed to showcase a different side of the islands — from homely comfort to boutique luxury and authentic cultural immersion.

NADI *Nights 1–2*

Private home with pool — comfortable, home-style

Your first nights are spent in a comfortable self-catering home tucked away in a quiet residential neighbourhood of Nadi. It has all the conveniences of home and a pool to cool off after a day in the sun.

LABASA *Night 3*

Budget hotel — simple, convenient, classic Fijian charm

In Labasa you'll stay at Ramada Encore Hotel. A newly built hotel with all the necessary amenities and a central location.

SAVUSAVU *Nights 4–5*

Sea View Lodge — carefully styled, panoramic bay views

Perched just outside of Savusavu town, this property has thoughtfully designed cabins with beach access to some of the best snorkeling around. Sit back and relax while soaking in the breath-taking ocean views at this peaceful accommodation.

VUADOMO VILLAGE *Night 6*

Village homestay — very basic, deeply authentic

For one night you'll experience authentic Fijian village life. Accommodation is very basic: shared bathroom, no hot showers, simple facilities, and expect some noise from daily village life. Each couple will have their own room within a local family's home. This stay is all about connection, hospitality, and living Fiji as it truly is.

NUKUBATI ISLAND *Nights 7–8*

Private eco-island resort — beachfront bungalows, all-inclusive, boutique luxury

To finish the journey, you'll stay on a private island with beachfront bungalow accommodation, all meals included, and daily maid service, this is the perfect spot to unwind. This is a unique opportunity as they generally have a three-day minimum stay and sell out far ahead. Into diving? This is your chance to discover new divesites around the Great Sea Reef.